

1. Title of the certificate (tr) (1)

Sağlıklı Beslenme Koçluğu Sertifika Programı

⁽¹⁾ in original language.

2. Translated title of the certificate (en) (1)

Healthy Nutrition Coaching Certificate Program

⁽¹⁾ This translation has no legal status

3. Profile of skills and competences

Holder of the certificate is eligible to:

- provide healthy coaching services to customers.
- perform coaching for clients on life-balance in healthy nutrition process
- team up with clients on goals and vision
- make individuals to get rid of negative emotions through visualization and other techniques
- give information to clients about how to eat sufficient and balanced diet
- provide an appropriate environment to express themselves to the clients and supports them in this
- apply client some techniques such as 'challenge' to be able to reach desired goal

4. Range of occupations accessible to the holder of the certificate (1)

- They can work as Healthy Nutrition Coach in companies which provide service of coaching
- They can provide coaching service for individuals
- They can establish business on Healthy Nutrition Coaching consultancy

⁽¹⁾ if applicable

^(*)Explanatory notes

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the community for students, persons undergoing training, volunteers, teachers and trainers.

| 5. Official basis of the certificate | |
|---|--|
| Name and status of the body awarding the certificate Uludağ Üniversitesi Sürekli Eğitim Uygulama ve Araştırma Merkezi – USEM Uludağ Üniversitesi Sürekli Eğitim Uygulama ve Araştırma Merkezi Görükle Kampüsü 16059 Nilüfer/BURSA Telefon: +90 (224) 294 29 02 www.ulusem.uludag.edu.tr | Name and Status of the national / regional authority providing accreditation / recognition of the certificate Uludağ Üniversitesi – educational organization |
| Level of the certificate (national or international) | Grading scale/Pass requirements Must be 50 points or above. |
| Access to next level of education/training This training is not additional duration of another study. | International agreements There is no any international agreement. |
| Legal Basis Law of Higher Education no 2547 | |

| 6. Official recognised ways of acquiring the certificate | | |
|---|-----------------------------------|---|
| Explanations about the education | Percentage of total programme (%) | Duration (hours / weeks / months / years) |
| Theory training based | 70 | 42 hours |
| Application based | 30 | 18 hours |
| Accredited prior learning | | |
| Duration of the certificate | | 60 hours |
| Entry requirements There isn't an entry condition For further information: http://www.myk.gov.tr Europass http://www.europass.gov.tr For further information about our training: www.ulusem.uludag.edu.tr | | |